

EXERCISE EVERY MORNING		JANUARY 2018		
Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Center Closed</b> <b>Happy New Year!</b>	<b>2</b> -Bumper Ball -Winter Craft -Bingo -Reality	<b>3</b> -Balloon Volleyball -Montessori Activity -Music – Mr. Smith -Trivia	<b>4</b> -Ping Pong -Expressive Art -Uno Card Game -Reminisce	<b>5</b> -Beanbag Toss -Craft Project -Guitar Music -Eric -Big Word
<b>8</b> -Ping Pong -Winter Craft -Sing-a-long – Dawn -Remember When	<b>9 Support Group</b> <b>2 pm</b> -Kickball -Montessori Activity -Memory Games	<b>10</b> -Dunk Ball -Expressive Art -Music – Mr. Smith -Brain Teasers	<b>11</b> -Balloon Volleyball -Craft Project -7-Up Card Game -Reality	<b>12</b> -Parachute -Expressive Art -Bingo -Trivia
<b>15 Martin Luther</b> <b>King Day</b> -Bumper Ball -Montessori Activity -Sing-a-long - Dawn	<b>16</b> -Ping Pong -Expressive Art -Wheel of Fortune -Reminisce	<b>17</b> -Noodle Hockey -Craft Project -Music – Mr. Smith -Reality	<b>18</b> -Ring Toss -Expressive Art -Bingo -Trivia	<b>19</b> -Balloon Volleyball -Winter Craft -Music – Mr. Cook -Memory Games
<b>22</b> -Balloon Volleyball -Expressive Art -Sing-a-long – Dawn -Big Word	<b>23</b> -Dunk Ball -Craft Project -Family Feud -Brain Teasers	<b>24 Pedi Care</b> -Beanbag Toss -Expressive Art -Music – Mr. Smith -Puzzles	<b>25</b> -Bumper Ball -Winter Craft -Uno Card Game -Trivia	<b>26</b> -Ping Pong -Montessori Activity -Bingo -Reality
<b>29</b> -Kickball -Craft Project -Sing-a-long – Dawn -Reality	<b>30</b> -Bumper Ball -Expressive Art -Bingo -Trivia	<b>31</b> -Ping Pong -Winter Craft -Music – Mr. Smith -Remember When		<i>Happy Birthday!</i>  <i>10 – Stasia G.</i>

Activities may be subject to change.

Felician Adult Day Center  
1333 Enfield Street  
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860-745-2542 Phone 860-745-2542 Fax  
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<b>February 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			<b>1</b>	<b>2</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>

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<b>26</b>	<b>27</b>	<b>28</b>		
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<b>March 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			<b>1</b>	<b>2</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>

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<b>April 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>

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<b>30</b>				
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<b>May 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>

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<b>June 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
				<b>1</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>

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<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

<b>July 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>

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<b>30</b>	<b>31</b>			

<b>August 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
		<b>1</b>	<b>2</b>	<b>3</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>

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<b>September 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>

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<b>October 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
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<b>November 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
			<b>1</b>	<b>2</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>

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<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>

<b>December 2018</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>

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<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
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